

CURRICULUM VITAE

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EDUCATION

1993-1997	Bachelor of Science (B.S.) in Neuroscience	University of Rochester, Rochester, NY
1997-1998	Pre-doctoral IRTA Research Fellow	National Institutes of Health (NINDS), Bethesda, MD
1998-2000	Master of Health Science (M.H.S.) in Mental Hygiene	Johns Hopkins Bloomberg School of Public Health, Baltimore, MD
2001-2004	Doctoral coursework	St. George's University School of Medicine, Grenada, West Indies
2004-2006	Doctor of Medicine (M.D.)	State University of New York at Buffalo School of Medicine and Biomedical Sciences, Buffalo, NY
2006-2007	Intern, Internal Medicine	University of Pittsburgh Medical Center, Pittsburgh, PA
2007-2009	Resident, Neurology	University of Pittsburgh Medical Center, Pittsburgh, PA
2009-2010	Chief Resident, Neurology	University of Pittsburgh Medical Center, Pittsburgh, PA
2010-2012	Fellow, Parkinson's Disease and Movement Disorders Program	Rush University Medical Center, Chicago, IL
2010-2012	Master of Science (M.S.) in Clinical Research	Rush University Graduate College, Chicago, IL
2016-2017	Fellow, Hospice and Palliative Medicine Program	University of California, San Diego/Scripps Health, San Diego, CA

ACADEMIC APPOINTMENTS

2011-2012	Instructor of Neurology	Rush University Medical Center, Chicago, IL
2012-2016	Assistant Professor of Neurology	Medical University of South Carolina, Charleston, SC
2017-2019	Assistant Professor of Neurology and Medicine	University of Colorado School of Medicine, Aurora, CO
2019-Present	Associate Professor of Neurology and Medicine	University of Colorado School of Medicine, Aurora, CO

ADMINISTRATIVE APPOINTMENTS

2012-2016	Associate Program Director, Movement Disorders Program	Medical University of South Carolina, Charleston, SC
2014-2015	Residency Associate Program Director	Department of Neurology, Medical University of South Carolina, Charleston, SC
2015-2016	Director, Fellowship in Movement Disorders	Medical University of South Carolina, Charleston, SC
2019-Present	Chief, Section of Neuropalliative Care	Department of Neurology, University of Colorado School of Medicine, Aurora, CO
2022-2024	Physician Lead, Outpatient Palliative Care	University of Colorado, Anschutz Medical Campus, Aurora, CO

HOSPITAL, GOVERNMENT OR OTHER PROFESSIONAL POSITIONS

1999-2001	Research assistant	Morris K. Udall Center of Excellence for Parkinson's Disease Research at Johns Hopkins Medicine, Baltimore, MD
Summer 2002	Research assistant	Penn Medicine Movement Disorders Center, Philadelphia, PA
2012-2016	Staff Neurologist	Ralph H. Johnson Veterans Affairs (VA) Medical Center, Charleston, SC
2019-Present	Staff Neurologist	Veterans Affairs (VA) Eastern Colorado Health Care System, Aurora, CO
2025-Present	Staff Palliative Care Inpatient Consultant	Veterans Affairs (VA) Eastern Colorado Health Care System, Aurora, CO

HONORS, SPECIAL RECOGNITIONS, AWARDS

1999	American Parkinson's Disease Association Summer Medical Student Fellowship (Morris K. Udall Center of Excellence for Parkinson's Disease Research at Johns Hopkins Medicine; mentor Laura Marsh, MD)
2002	Parkinson's Disease Foundation Summer Medical Student Fellowship (Penn Medicine Movement Disorders Center; mentor Andrew Siderowf, MD)
2010	American Academy of Neurology Resident Scholarship to the Annual Meeting
2010	Allergan Pharmaceuticals Movement Disorder Fellow Award
2011	MDS Travel Grant Recipient for the 15th International Congress of Parkinson's Disease and Movement Disorders
2011-2012	Hussein Family Fellow Award, Rush University Medical Center
2012	MDS Travel Grant Recipient for the 16th International Congress of Parkinson's Disease and Movement Disorders
2012	American Academy of Neurology Institute's 2012 Annual Meeting Fellow Scholarship recipient
2014	PAIR Leadership Award, Parkinson's Disease Foundation
2015	Annual Neurology Faculty Excellence in Teaching Award, Department of Neurology, Medical University of South Carolina
2016-2017	Violet McKinney Endowment Fellowship, Scripps Mercy Hospital and University of California, San Diego
2023	General Internal Medicine Excellence Award in Palliative Care (Clinical), University of Colorado Anschutz Medical Campus

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

2007-present	American Academy of Neurology
2010- present	International Parkinson and Movement Disorder Society
2016- present	American Academy of Hospice and Palliative Medicine
2021- present	International Neuropalliative Care Society

MAJOR COMMITTEE AND SERVICE RESPONSIBILITIES

2010-2016	Medical Advisor for Parkinson's Disease Foundation (PDF)
2011-2012	Associate Faculty Member for Faculty of 1000: Post-publication Peer Review
2011-2012	Faculty Member for NeuroPI: Parkinson's Disease project 2, American Academy of Neurology
2014-2016	Residency Review Committee, Department of Neurology, Medical University of South Carolina, Charleston, SC
2017-present	Medical Aid in Dying Navigator committee, UC Health, Aurora, CO

2017-2022	Clinical Affairs committee, Department of Neurology, University of Colorado School of Medicine, Aurora, CO
2018-2024	Palliative Care Clinical Competency committee and Residency Review Committee
2025-present	Palliative Care Study Group Steering Committee, International Parkinson and Movement Disorder Society (MDS)
2025-present	Wellness Committee member, Department of Neurology, University of Colorado School of Medicine, Aurora, CO

LICENSURE AND BOARD CERTIFICATION

2010-present American Board of Psychiatry and Neurology, Certificate #56570
2017-present State of Colorado Medical License
2020-present Hospice and Palliative Medicine Board, Certificate #160

REVIEW AND REFEREE WORK

Ad Hoc Reviewer; The Canadian Journal of Neurological Sciences
Ad Hoc Reviewer; Journal of Parkinson's Disease
Ad Hoc Reviewer; Movement Disorders Clinical Practice
Ad Hoc Reviewer; Journal of Pain and Symptom Management

INVITED EXTRAMURAL LECTURES, PRESENTATIONS, VISITING PROFESSORSHIPS

National/International

American Academy of Neurology (AAN)

- “Selective saccadic palsy after cardiac surgery,” American Academy of Neurology, Annual Meeting, Unusual Movement Disorders program, Seattle, WA, April 30, 2009.
- “Films from the Movement Disorders Society Archives,” American Academy of Neurology, Annual Meeting, Archival Neurologic Films (3SM.005) course, New Orleans, LA, April 23, 2012.
- “Examinations for Movement Disorders,” American Academy of Neurology, Annual Meeting, History of Neurology: The Origins of the Neurological Examination (4PC.002) course, New Orleans, LA, April 24, 2012.
- “The History of Encephalitis Lethargica,” American Academy of Neurology, Annual Meeting, History of Neurology: The History of Neurologic Disease from Cortex to Peripheral Nerve (C107) course, Washington, D.C., April 22, 2015.
- “Understanding the Experience of Pain: A Neuro-Palliative Approach”, American Academy of Neurology NeuroBytes, co-created with mentee R Crandall. Fall, 2020.

- “Discussing Goals of Care in Neurodegenerative Disease: A Palliative Approach”, American Academy of Neurology NeuroBytes, co-created with mentee P Glasheen. Fall, 2020.
- “Requests for Hastened Death: How Can a Neurologist Respond?” SS7: AAN Section Spotlight: American Academy of Neurology annual meeting, Denver, CO, April 15, 2024.
- “Neuro-palliative Care: Maximizing Quality of Life in Serious Neurologic Illness,” Case presentation, American Academy of Neurology Annual Meeting, Denver, CO, April 15, 2024.
- Course Director and lecturer: “Neuro-palliative Care: Maximizing Quality of Life in Serious Neurologic Illness,” American Academy of Neurology Annual Meeting, Denver, CO, April 7, 2025.

American Academy of Hospice and Palliative Medicine (AAHPM)

- “Parkinson's Disease Personified: Patient and Caregiver Perspectives on Palliative Care,” (TH158) American Academy of Hospice and Palliative Medicine 2022 Annual Assembly (virtual), February 2022 (pre-recorded, co-presented):
<https://doi.org/10.1016/j.jpainsymman.2022.02.236>
- “Do’s, Don’ts, and Dopa: A Primer on Palliative Care in Parkinson’s Disease,” (TH152) American Academy of Hospice and Palliative Medicine 2022 Annual Assembly (virtual, co-presented), February 11, 2022, <https://doi.org/10.1016/j.jpainsymman.2022.02.231>

International Parkinson and Movement Disorder Society (MDS)

- “Challenging conversations in palliative care,” Parallel Session 4413: Managing Challenges for Palliative Care in Movement Disorders, International Congress of Parkinson's Disease and Movement Disorders, Honolulu, HI, October 8, 2025.

Other Professional Organizations

- “Parkinson disease: the quintessential multidisciplinary rehabilitation diagnosis,” clinical symposium (1204) at the American Academy of Physical Medicine and Rehabilitation Annual Assembly, San Antonio, TX, November 15, 2019.
- “Living Well with Parkinson Disease through Palliative Care,” 2020 INSIGHT Into Parkinson’s Future Frontiers Global Conference, virtual, April 3, 2020.
- “Living Well with Ataxia: A Palliative Care Approach,” National Ataxia Foundation webinar, in lieu of annual meeting, June 4, 2020.
- “Cannabis and Parkinson’s Disease,” Michael J Fox Foundation Cannabis Workshop Summer 2020, virtual, June 25, 2020.

- “Palliative Approach to Pain Management in Parkinson Disease,” Parkinson’s Foundation (PF), Implementing Team-Based Outpatient Palliative Care in Parkinson’s Foundation Centers of Excellence, recorded April 2021.
- “The Role of Neuropalliative Care in FTD,” The Association for Frontotemporal Degeneration (AFTD) educational webinar, September 17, 2021.
- “Losing Someone That Is Still Here,” World Parkinson Coalition Care Partner Virtual Panel 3 (virtual, co-presentation), September 8, 2022:
<https://www.worldpdcoalition.org/page/3rdcarepartner>
- “Roadmap to Care: Planning for Your Loved-one's Needs at Each Stage of the Disease,” Parkinson & Movement Disorder Alliance (virtual presentation), October 19, 2022.
- “Medical Aid in Dying for ALS: Navigating Complexities from Prognosis to Ingestion,” National Clinicians Conference on Medical Aid in Dying (NCCMAID) Conference, Portland, OR, February 17, 2023.
- “Collaboration and Partnership with Hospice and Palliative Care,” Parkinson’s Foundation (PF) Town Hall virtual presentation, June 7, 2023.
- “HD Care Session: Medical Assistance in Dying”, Huntington’s Study Group Annual meeting, Phoenix, AZ, November 2, 2023.
- “Neuropalliative Care for People with Epilepsy and Other Chronic Neurological Conditions,” within Investigators’ Workshop entitled “When Epilepsy Treatments Fail: Palliative and Rehabilitative Approaches,” American Epilepsy Society (AES) annual meeting, Orlando, FL, December 2, 2023.
- “Mastering the 5 Pillars of Neuropalliative Care for Parkinson’s and Related Conditions: *Advance Care Planning and Anticipatory Guidance*” and “Mastering the 5 Pillars of Neuropalliative Care for Parkinson’s and Related Conditions: *Pain and Non-motor Symptoms*,” 4th annual International Palliative Care Society meeting, Grand Rapids, MI, September 13, 2024.
- Palliative Care Seminar, Open Medical Institute. One of five selected faculty members for week-long, residential seminar on palliative care for 31 physicians from 25 countries in the developing world. My presentations included: “Discussing Prognosis”, “Movement Disorders”, “Nausea, Vomiting, and Malignant Bowel Obstruction”, and led communication/role play workshops. Schloss Arenberg, Salzburg, Austria, August 24-29, 2025.

Academic Institutions

- “Neuro-palliative Care – A new and growing field within neurology,” Department of Neurology Grand Rounds, Medical University of South Carolina, March 25, 2021.
- “The Unique Palliative Care Needs of Those with Serious Neurologic Disease: Neuro-Palliative Care,” University of California San Diego Geriatrics, Gerontology, and Palliative Care Grand Rounds, December 7, 2021.

- “Neuropalliative Care for Movement Disorders,” Parkinson’s and Movement Disorders Center Education Conference Series, Virginia Commonwealth University (virtual), March 23, 2022.
- “The Unique Palliative Care Needs of Those Living with Serious Neurologic Disease: Neuropalliative Care,” Neuroscience Grand Rounds, Mayo Clinic Scottsdale, Arizona (virtual), April 25, 2022.
- “History of Palliative Care in Parkinson disease,” Cleveland Clinic PD Grand Rounds, Parkinson’s Disease and Movement Disorders Lecture Series, July 18, 2023.
- Visiting Professorship: University of North Carolina (UNC-Chapel Hill) Geriatrics and Palliative Care, July 25-26, 2023. Presentation for Comprehensive Cancer Support Program (CCSP) and the UNC Palliative Care Program Grand Rounds, “Palliative care in Neurology,” Chapel Hill, NC, July 26, 2023.
- “Neuropalliative Care and Atypical Parkinsonism,” Stanford University noon conference, Autonomic Disorders Section, Department of Neurology, October 9, 2024.
- Visiting Professorship: University of Pittsburgh Medical Center: Section of Palliative Care Tara Cook Memorial Lecturer October 30, 2024, and Department of Neurology Grand Rounds, Pittsburgh, PA, October 31, 2024.

Regional

- “Non-Motor Symptoms of Parkinson’s Disease,” Clinical Pearls in Movement Disorders for Clinicians course, Medical University of South Carolina, Charleston, SC, November 3, 2012.
- “Dystonia and Dyskinesias: Diagnosis and Management,” Annual Neurology Update for the Primary Care Provider course, Medical University of South Carolina, Charleston, SC, September 7, 2013.
- “Parkinson Disease and Its Effect on the Whole Person: A Growing Medical Problem” and “Utilizing Technology to Facilitate Research and Access to More Specialized Care: Telemedicine” - Parkinson’s Disease Southern Symposium, Spartanburg, SC, November 13, 2014.
- “Not Just a Movement Disorder – Exploring the Non-motor Features of Parkinson’s Disease,” Symposium on Living with Parkinson’s Disease, Medical University of South Carolina, Charleston, SC, November 7, 2015.
- “Chorea and Dystonia,” Rock the MOC! Neurology Maintenance of Certification Board Review Course, Medical University of South Carolina, Charleston, SC, November 20, 2015.
- “Care of the Patient with Advanced Parkinson’s Disease,” South Carolina Neurological Association (SCNA) Annual Meeting, Charleston, SC, February 27, 2016.
- “Overview of Parkinson Disease,” Advanced Practice Registered Nurse (APRN) Primary Care Update, Ralph H. Johnson VA Medical Center, Charleston, SC, April 29, 2016.

- “Self-Image and Coping with Parkinson’s Disease,” 4th Annual Parkinson Disease Symposium, University of Colorado Denver, Movement Disorders Center, Denver, CO, September 30, 2017.
- “Cannabis and Complementary Therapies and Parkinson’s Disease,” Parkinson’s Foundation Georgia educational event, Marcus Jewish Community Center of Atlanta, GA, April 15, 2019.
- “Art of Living Well: Improving Quality of Life in HD through Supportive Care,” Huntington’s Disease Care and Research Conference, University of Colorado, Denver, CO, May 4, 2019.
- “Mindfulness and Parkinson’s Disease,” e3 Conference, Parkinson’s Association of the Rockies, September 7, 2019.
- “Advanced Therapies and Neuropalliative Care,” Lunch with Docs, Parkinson and Movement Disorder Alliance, co-presented with Dr. Drew Kern MD, July 29, 2020.
- “Medical Aid in Dying,” 2020 Ask the Experts Symposium, The ALS Association Rocky Mountain Chapter, October 11, 2020.
- “Palliative & Supportive Care,” 8th Annual Parkinson Disease Symposium, University of Colorado, Aurora, CO, September 25, 2021.
- “History of Palliative Care in Parkinson Disease,” Cleveland Clinic Wellbeing & Wellness Series: Wellness and Parkinson’s Disease, virtual presentation March 16, 2023.

Local

- “Beyond the Movements, ‘Beyond the Mind’: Psychosis in Parkinsonism,” Neurology Grand Rounds, University of Pittsburgh Medical Center, Pittsburgh, PA, April 21, 2010.
- “Huntington Disease: Overview and Update,” Department of Neurosciences Grand Rounds, Medical University of South Carolina, Charleston, SC, August 23, 2012.
- “History of Encephalitis Lethargica: Sleepy Sickness to Awakenings,” Department of Neurology Grand Rounds, Medical University of South Carolina, Charleston, SC, March 26, 2015.
- “Palliative Care and Movement Disorders,” Movement Disorders Section Rounds, Department of Neurology, University of Colorado, Aurora, CO, September 13, 2017.
- “Palliative Approach to Pain Management in Neurologic Disease,” Department of Neurology Grand Rounds, University of Colorado, Aurora, CO, February 21, 2018.
- “Neuropalliative care and the COVID-19 Crisis,” Department of Neurology Grand Rounds, University of Colorado, Aurora, CO, April 22, 2020.
- “Assessing Capacity When Its Hard,” Palliative Care Grand Rounds, University of Colorado, Aurora, CO, May 18, 2021 (co-presented with Laura Foster, MD).
- “Introduction to Neuropalliative Care,” Parkinson Foundation University of Colorado Center of Excellence, Aurora, CO, September 17, 2021.

- “Supportive Care in HD: It’s Here, Now What?” Annual Rocky Mountain Huntington's Disease Family Education Day, HDSA Center of Excellence at the University of Colorado Movement Disorders Center, Aurora, CO, November 13, 2021.
- “VSED: Voluntary Stopping of Eating & Drinking, Exploration via a Case Study,” Palliative Care Grand Rounds, University of Colorado, Anschutz Medical Campus, Aurora, CO, September 19, 2023.
- “Palliative Care in Movement Disorders,” Grand Rounds University of Colorado Anschutz Division of Geriatric Medicine and VA Eastern Colorado GRECC, Aurora, CO, September 23, 2023.
- “Neuropalliative Care: Navigating Decisions about Life and Death with Case Examples,” Department of Neurology Grand Rounds, University of Colorado, Aurora, CO, October 4, 2023.
- “Palliative and spiritual care in HD and practical solutions for caregivers,” Huntington’s Disease Center of Excellence patient education day (HDSA), University of Colorado Movement Disorders Center, October 21, 2023.

Trainee Lectures

- “Atypical Parkinsonism,” Neurology resident lecture, Medical University of South Carolina, September 30, 2013.
- “Ataxia,” Neurology resident lecture, Medical University of South Carolina, October 1, 2013, and March 23, 2016.
- “Dystonia and Dyskinesia,” Neurology resident lecture, Medical University of South Carolina. October 2, 2013.
- “Metabolic, Endocrine, and Nutritional Causes of Movement Disorders,” Neurology resident lecture, Medical University of South Carolina, February 18, 2014.
- “Parkinson Disease: Clinical,” Graduate Neuroscience course (NSC735), Medical University of South Carolina, October 24, 2012, October 18, 2013, October 17, 2014, October 28, 2015.
- “Overview of Botulinum toxin use in Movement Disorders” Neurology resident lecture, Medical University of South Carolina, May 9, 2014.
- “Movement Disorders Emergencies,” Neurology resident lecture, Medical University of South Carolina, June 6, 2014; July 23, 2015.
- “Gilles de la Tourette syndrome and Tics,” medical student lecture, Medical University of South Carolina, March 12, 2015, and March 3, 2016.
- “Cortex and Cerebellum,” medical student lecture, Medical University of South Carolina, May 12, 2015.
- “Lewy Body Disease,” Geriatric Psychiatry fellowship lecture, Medical University of South Carolina, January 11, 2016.

- “Abnormal Motor Movements in Palliative Care and Hospice Settings,” University of Colorado Palliative Medicine fellowship lecture, Aurora, CO, October 3, 2017, February 4, 2019, June 16, 2020, May 4, 2021.
- “Delirium,” University of Colorado Palliative Medicine fellowship lecture, Aurora, CO, October 10, 2017, December 3, 2018, October 15, 2019, October 20, 2020.
- “Pseudobulbar affect,” University of Colorado Palliative Medicine fellowship lecture, Aurora, CO, November 21, 2017, and April 1, 2019.
- Neurology medical student clerkship Problem Based Learning sessions, University of Colorado, Aurora, CO: 11/1/17, 12/6/17, 1/10/18, 1/24/18, 1/31/18, 2/7/18, 2/28/18, 3/7/18, 6/20/18, 7/11/18, 7/25/18, 10/3/18.
- “Overview of neuro-palliative Care,” Rocky Vista University Student Interest Group in Neurology, Parker, CO, March 21, 2018.
- “Goals of care and advance care directives in neurologic disease,” University of Colorado Neurology residency lecture, Aurora, CO, May 16, 2018.
- “Chronic pain management in neurologic disease,” University of Colorado Neurology residency lecture, Aurora, CO, May 16, 2018.
- “Caregiver support in neurologic disease,” University of Colorado Palliative Medicine fellowship lecture, Aurora, CO, October 22, 2018, August 18, 2020.
- “Neurologic Prognosis after Cardiac Arrest – the conversation,” University of Colorado Neurology residency lecture, Aurora, CO, January 9, 2019.
- “Behavioral Issues in Dementia,” University of Colorado Palliative Medicine fellowship lecture, Aurora, CO, February 5, 2019.
- “Shared Decision Making” Group Session for 4th year medical students, University of Colorado School of Medicine, Aurora, CO, March 5th, 2019.
- “Huntington Disease and Palliative Care,” University of Colorado Palliative Medicine fellowship lecture, Aurora, CO, March 26, 2019, June 22, 2020.
- “Parkinsonism and Palliative Care,” University of Colorado Palliative Medicine fellowship lecture, Aurora, CO, June 10, 2019.
- “Get Out! Exposure to Nature Improves Multiple Psychological Factors,” University of Colorado Palliative Medicine fellowship lecture, Leadville, CO, September 16, 2019.
- “Neuro-prognostication,” University of Colorado Palliative Medicine fellowship lecture, Aurora, CO, March 10, 2020, March 20, 2023, June 24, 2024, March 24, 2025.
- “Management of Behavioral Issues in Dementia,” University of Colorado Palliative Medicine fellowship lecture, Aurora, CO, May 26, 2020.
- “Neuro-palliative Clinic Primer,” University of Colorado Hospital Chaplain residency lecture, Aurora, CO, September 29, 2020; September 16, 2021.
- “Navigating MAID Conversations,” University of Colorado Palliative Medicine fellowship lecture, Aurora, CO, May 3, 2021, March 17, 2025.

- “Parkinson disease,” Rocky Mountain Regional VA Medical Center Geriatrics Fellowship Conference, Aurora, CO, November 12, 2021, September 22, 2023, September 13, 2024.
- “Movement Disorders in Palliative care,” University of Colorado Palliative Medicine fellowship lecture, Aurora, CO, April 17, 2023, June 25, 2024, March 25, 2025.
- “Delivering Serious News,” University of Colorado, School of Medicine, medical student small group session, Aurora, CO, January 24, 2024.
- “Neuropalliative Care,” Neurology resident didactics series, University of Colorado, School of Medicine, Aurora, CO, January 29, 2025 and June 25, 2025.

COMMUNITY SERVICE

- “Considerations for the Hospitalized PD Patient,” Rush University Medical Center Parkinson’s Disease Support Group, Chicago, Illinois, 2011.
- “Driving and Parkinson’s Disease,” Rush University Medical Center Parkinson’s Disease Newsletter, winter 2011.
- “YOPD: Select Topics,” DuPage Young Onset Parkinson’s Disease Support Group, DuPage County, IL, 11/28/2011.
- Discussion about Driving, Falls, and Mood in Parkinson’s Disease – 2 interviewed segments on local radio program, “Time for Seniors and Their Families,” Charleston, SC, 9/5/2012.
- “A Discussion About Parkinson’s Disease Medications and Exercise,” Charleston Parkinson’s Disease Support Group, Charleston, SC, 9/9/2012.
- “Caregiving and Parkinson’s Disease,” “Non-motor symptoms of Parkinson’s Disease,” and “Exercise and Parkinson’s Disease,” Symposium: Living with Parkinson’s Disease, Medical University of South Carolina, Charleston, SC, 11/3/2012.
- “Non-motor symptoms of Parkinson’s Disease” and “Exercise and Parkinson’s Disease,” Parkinson’s Disease Forum Beaufort County Parkinson’s Support Groups, SC, 1/19/2013.
- “Parkinson’s Disease and Caregiving,” Myrtle Beach chapter of the Parkinson’s Disease Groups of the Carolinas, 5/9/2013.
- “Parkinson’s Disease and Caregiving,” Charleston Parkinson’s Disease Support Group, Charleston, SC, 7/14/2013.
- “Non-motor symptoms of Parkinson’s Disease,” Columbia Parkinson’s Support Group, Columbia, SC, 10/20/2013.
- “Pain in Parkinson’s Disease,” Charleston Parkinson’s Disease Support Group, Charleston, SC, 3/9/2014.
- “Advanced Parkinson’s Disease,” Medical University of South Carolina PD Symposium: Living with Parkinson’s Disease, Charleston, SC, 3/29/2014.

- “Sleep Disorders in Parkinson Disease,” Myrtle Beach Parkinson’s Disease Support Group, SC, 6/12/2014.
- “Brief Topics in Parkinson Disease,” Myrtle Beach Parkinson’s Disease Support Group, SC, 6/18/2014.
- “Thinking and Memory Problems in Parkinson’s Disease,” Murrell’s Inlet Parkinson’s Disease Support Group, SC, 11/12/15.
- “Mimics of Parkinson Disease,” Charleston Parkinson’s Disease Support Group, Charleston, SC, 2/14/16.
- “Neuro-palliative care,” Posterior Cortical Atrophy Support Group Meeting, University of Colorado School of Medicine, Aurora, CO, 8/17/17.
- “Parkinson’s Disease, Overview of: Complementary and Alternative Medicine and Involvement of the Gut,” Broomfield Parkinson’s Disease Support Group, CO, 9/5/17.
- “Everything you ever wanted to know about Parkinson’s Disease but were afraid to ask,” Parkinson’s Association of the Rockies, Longmont PD Support Group, 11/9/17.
- “Select Neurologic Topics in Palliative Care/Hospice,” Halcyon Hospice and Palliative Care 1/24/18.
- “Complementary and Alternative Medicine and Parkinson Disease,” PD SELF support group, Erie, CO 6/8/18.
- “Everything you ever wanted to know about Parkinson’s Disease but were afraid to ask,” Longmont Parkinson Disease Support Group, CO, 6/13/18.
- “Chat with the Parkinson’s Pros – Non-motor Symptoms of Parkinson’s Disease,” Parkinson’s Association of the Rockies, Grand Junction, CO, 10/6/18.
- Parkinson’s Disease Specialist panel, Boulder PD Support Group, Boulder, CO, 10/23/18.
- “Palliative Care and Multiple Sclerosis” webinar with the Rocky Mountain MS Center, Aurora, CO 1/29/19. <https://www.mscenter.org/education/seminars-workshops/webinars/844-webinar-progressive-ms-and-palliative-care>
- “Cannabis and Complementary Therapies and Parkinson’s Disease,” Colorado Springs Young Onset Parkinson’s Disease Support Group, Lone Tree, CO, 5/23/19.
- “What is Neuro-palliative Care?” Posterior Cortical Atrophy (PCA) Support Group, Aurora, CO, 6/19/19.
- “What is Neuro-palliative Care?” King Adult Day Enrichment Program (KADEP), Westminster, CO, 7/9/19.
- “Non-motor symptoms of Parkinson’s disease- Chat with the Parkinson’s Pros,” Parkinson’s Association of the Rockies, Greeley, CO, 7/27/19.
- “Cannabis and Complementary Therapies and Parkinson’s Disease,” Lafayette Parkinson’s Disease Support Group, Lafayette, CO, 8/13/19.
- “Advanced symptoms in PD,” Highlands Ranch Parkinson’s Disease Support Group, Highlands Ranch, CO, 10/18/19.

- “Palliative care: what’s it all about?” Department of Neurology Medical Assistant Lunch ‘n Learn Program, University of Colorado Hospital, Aurora, CO, 9/9/20.
- “Advance directives: planning in advance,” Department of Neurology Medical Assistant Lunch ‘n Learn Program, University of Colorado Hospital, Aurora, CO, 9/21/20.
- “Palliative Care: Improving Quality of Life with A Chronic Condition” Denver Ataxia Support Group, Aurora, CO, 1/16/21.
- “Lewy Body Disease” Tele-support for Carers of Neurological Disorders support group, Denver, CO, 6/14/21.
- “Overview of Neuropalliative Care” Rocky Mountain Chapter-Case Management Society of America, Denver, CO 9/14/21.
- “Intro to Neuro-Palliative Care” Lunch ‘n Learn lecture for Department of Neurology clinic Medical Assistants, Aurora, CO 9/17/21.
- “Lunch and Learn: Pain in Parkinson's Disease” Movement Disorders Program, Department of Neurology, Medical University of South Carolina (MUSC), 10/7/21.
- “Neuropalliative care in Parkinson’s Disease” Longmont (Colorado) Parkinson Support, 10/13/21.
- “Palliative Care is not Hospice care” Parkinson’s Association of the Rockies (PAR) Care Partner Summit, Denver, CO, 11/20/21.
- “Mindfulness in Parkinson’s Disease” Parkinson’s Support Group in Larimer County, CO, 4/6/22.
- “Palliative Care is not Hospice care” Parkinson’s Association of the Rockies (PAR) webinar, Denver, CO, 4/21/22.
- “Neuropalliative Care and Frontotemporal Dementia” FTD Support group (Association of Frontotemporal Degeneration), Castlewood Library, Centennial, CO, June 15, 2023.
- “Neuropalliative Care for Parkinson’s Disease,” Boulder Parkinson’s Support group, November 28, 2023.
- “Dignify Dementia – Keeping You Connected” Mavericks of Senior Living Podcast, January 26, 2024: https://www.youtube.com/live/P1L_ykJhf0Y
- “Living Well with Parkinson's: An Overview of Neuropalliative Care for Patients and Care Partners,” 12th Annual Parkinson’s Disease Symposium, Movement Disorders Center, Department of Neurology, University of Colorado, Anschutz Medical Campus, Aurora, CO, August 16, 2025.
- “Palliative Care, Hospice Care, and Medical Aid in Dying (MAID),” 2025 HD Family Education Day, Huntington’s Disease Society of America, Rocky Mountain Chapter, Aurora, CO, October 18, 2025.

TEACHING RECORD

Dr. Vaughan provides education in neuropalliative care and movement disorders to diverse audiences, including patients and their families, multidisciplinary trainees, and practicing neurologists and palliative care specialists at regional, national, and international levels. Specific teaching activities have included:

- Multiple presentations at the American Academy of Neurology (AAN) annual meetings since 2009, including as course director of the primary neuropalliative course (2025 and will do again in 2026).
- Many presentations at other national organizations (including the American Academy of Hospice and Palliative Medicine, International Parkinson and Movement Disorders Society, American Academy of Physical Medicine and Rehabilitation, American Epilepsy Society), and the International Neuropalliative Care Society.
- Numerous lectures at home institutions and at regional and national levels in academic settings, including two visiting professorships. Invited to participate as faculty in a one-week palliative medicine course in Salzburg, Austria in August 2025 through the Open Medical Institute.
- Neuropalliative care coach in three nationally funded research projects focused on integrating palliative care approaches into the treatment of individuals living with Parkinson's disease: PCORI-funded study through all 33 Parkinson's Foundation Centers of Excellence in North America; NINR-funded study across multiple community-based neurology practices across the country; US Department of Veterans Affairs-funded study across multiple VA centers in different states. The latter two are ongoing.
- Neuropalliative care clinic attending (2017-present): teaching medical students, neurology and other residents, movement disorders fellows, and palliative medicine fellows: approximately 6 half-day clinics/week at the University. In collaboration with Family Medicine, she regularly hosts residents from the Behavioral Health elective in her clinic. She has been the director of the Neurology residency elective in neuropalliative care since 2019.
- Inpatient palliative care service attending (2018-present): bedside teaching of medical students, medicine and other residents, and palliative medicine fellows: approximately one week (7 days) per month.
- Course Director (2018-present) for the Neuropalliative care block within PALC6310: Advanced Illness in Special Settings, Interprofessional Graduate Certificate and Master of Science Degree in Palliative Care, University of Colorado at Denver, Graduate School.
- Authors lay literature and delivers community-based lectures aimed at clarifying and promoting understanding of the role of palliative care in neurologic disease.
- Contributor to EPEC-N: a curriculum based on the Education in Palliative and End-of-Life Care (EPEC) program. Created the module on Pain Assessment and Management: <https://www.bioethics.northwestern.edu/programs/epec/curricula/neurology-modules.html>

- Served on the Residency Review Committee, Department of Neurology, Medical University of South Carolina (2014-2016) and Palliative Care Clinical Competency Committee and Residency Review Committee, University of Colorado, Anschutz medical Campus (2018-2024).
- Inpatient neurology ward attending (2012-2014) at the Medical University of South Carolina: supervision and bedside teaching of neurology residents (approximately 3 weeks per year) and medical students and overnight staffing (approximately 2 nights per month) by telephone of new admissions and hospital consults with neurology residents.
- Inpatient neurology ward attending (2012-2014) at the Ralph H. Johnson VA Medical Center: supervision and bedside teaching of neurology residents and medical students, approximately 6 weeks per year.
- Supervised movement disorders fellow in weekly continuity and botulinum clinics at Ralph H. Johnson VA Medical Center (2015-2016), 4 hours per week.
- Served as Neurology Residency Associate Program Director (2014-2015) and as Fellowship Director for the Movement Disorders fellowship (2015-2016) at the Medical University of South Carolina.
- Dr. Vaughan especially enjoys opportunities to teach trainees in Neurology and has mentored multiple residents and medical students. From 2017-2020 she provided mentorship to medical students through the School of Medicine Foundations in Doctoring Curriculum at the University of Colorado. She won the annual Neurology Faculty Excellence in Teaching Award (2015) at the Medical University of South Carolina.
- Faculty advisor for Student Interest Group in Neurology (SIGN), Medical University of South Carolina College of Medicine, 2014-2016.

GRANT SUPPORT

429a	2023-present	Palliative Care as a Parkinson's Disease Standard of Care. I01HX003611-01A2	Co-investigator and coach (PI C.R. Levy)	US Department of Veterans Affairs
429b	2022-present	Building Online Community to Improve Patient and Caregiver Outcomes in Parkinson's disease, Lewy Body Dementia and Related Disorders (COPE-PD)	Site PI and coach (PI B. Kluger)	National Institute of Nursing Research (NINR), University of Rochester

429c	2021-2023	Implementation of a Team-based Outpatient Palliative Care in Parkinson's Foundation Centers of Excellence	Site PI and coach (PI B. Kluger)	Patient Centered Outcome Research Institute (PCORI): University of Rochester
429d	2021-2022	"Neuropalliative care for persons with drug-resistant epilepsy"	Co-PI: (with C. Drees)	American Epilepsy Society
429e	2020	Fast-Track Grant Response: COVID-19	PI: C. Vaughan	Adira Foundation
429f	2019-2021	"Perceived Palliative Care Needs in Early-Onset Dementia"	PI: C. Vaughan	2019 Neurology Department Intradepartmental Grant University of Colorado
429g	2018-2020	"More than a movement disorder: Applying palliative care to Parkinson's disease"	Sub-investigator (PI: B. Kluger)	National Institute of Nursing Research (NINR), R01NR016037
429h	2018-2020	SIGNAL trial of VX15 Antibody for Huntington's Disease	Sub-investigator (Site-PI: L. Seeberger)	Vaccinex and the Huntington Study Group
429i	2016	An Open-Label, Phase 3 Study Examining the Long-Term Safety, Tolerability and Efficacy of APL-130277 in Levodopa Responsive Patients with Parkinson's Disease Complicated by Motor Fluctuations ("OFF" Episodes)	Site-PI	Cynapsus Therapeutics Inc.
429j	2015-2016	Connect.Parkinson: Connecting Individuals with Parkinson Disease to Specialists in Their Homes	Site-PI	University of Rochester

429k	2014-2016	A Randomized, Double-Blind, Placebo-Controlled Study of SD-809 For the Treatment of Moderate to Severe Tardive Dyskinesia (SD-809-C-18, 20, 23)	Site-PI	Teva Pharmaceuticals
429l	2014-2016	Tele-neurology Assessments of Patients with Parkinson's disease	Principal Investigator	Parkinson's Advocates in Research (PAIR) leadership award
429m	2013-2017	An Open-Label, Long-term Safety Study of SD-809 ER in Patients with Chorea Associated with Huntington Disease (ARC-HD).	Medical Monitor (PI: F. Samuel, C. Testa)	Teva Pharmaceuticals
429n	2013-2016	Atomoxetine Treatment for Cognitive Impairment in Parkinson's Disease (ATM-Cog)	Sub-Investigator (PI V. Hinson)	Michael J. Fox Foundation for Parkinson's Disease Research
429o	2013-2016	A Phase 3, 12-week, Double-Blind, Placebo-Controlled, Randomized, Multicenter Study to Evaluate the Efficacy of Oral Istradefylline 20 and 40 mg/day as Treatment for Subjects with Moderate to Severe Parkinson's Disease.	Site-PI	Kyowa Hakko Kirin Pharma, Inc. (KKP)
429p	2013-2014	First Time Use of SD-809 ER in HD (First-HD).	Medical Monitor (PI: F. Samuel, C. Testa)	Auspex Pharmaceuticals, Inc.
429q	2011-2014	A randomized, double-blind, placebo-controlled study to assess the safety and tolerability, and efficacy of PBT2 in patients with early to mid-stage Huntington disease.	Medical Monitor (PI: R. Dorsey)	Prana Biotechnology

429r	2011-2013	Assessment of Need for Treatment with Botulinum Toxin Type A in Cervical Dystonia Patients.	PI (Investigator initiated)	Merz
429s	2011-2012	Varenicline for the treatment of postural and gait dysfunction in Parkinson's disease.	Co-PI (PI: D. Hall) Investigator initiated	Pfizer
429t	2011-2012	Extended-Release Amantadine Safety and Efficacy Study in Levodopa-Induced Dyskinesia (EASED) Study.	Sub-investigator (site PI: L. Verhagen)	Adamas

NON-FUNDED RESEARCH

433a	2011-2012	Master of Science Thesis: Dystonia in <i>FMR1</i> premutation carriers		Rush University Medical Center, Chicago, IL
433b	2014-2016	Glial cell-derived Neurotrophic factor and alpha-Synuclein Expression in Parkinson's Disease	Co-Investigator (Co-PI: H. Boger)	Medical University of South Carolina Neuroscience Institute Pilot Grant
433c	2014-2016	Circulating Markers of Neurodegeneration and Inflammation in Parkinson's Disease	Co-Investigator (Co-PI: N. Banik)	Medical University of South Carolina Pilot Project
433d	2021-2024	ADRD-PC Study: Palliative Care for Persons with Late-stage Alzheimer's	Member, clinical team	NIA R01AG065394: University of North Carolina, Chapel Hill

		Disease and Related Dementias and Their Caregivers	(Site PI: H. Lum)	
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